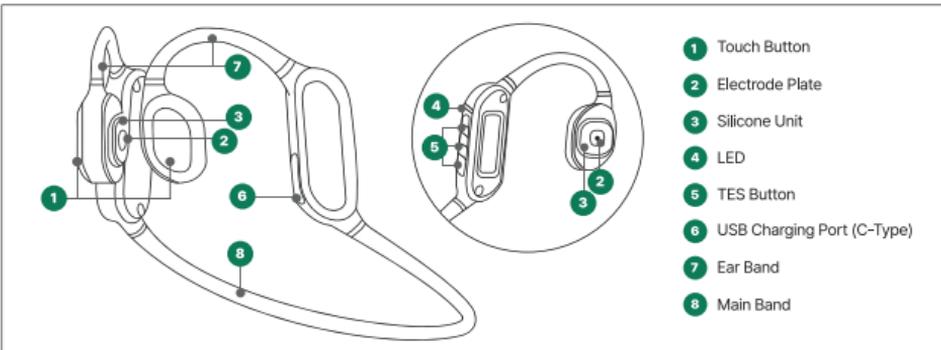


\* Please refer to E manual of homepage and QR code about detailed buttons guide and functions.

## NAME OF ROLE AND EACH PART

\* When using a charger that is not connected to a PC, please use an approved charger if rated voltage 5V/1A



## BEFORE USING

1. Charge Healing Fit Pro for a minimum of 10 minutes with the C-type USB charging cable before first use.
2. MobiFren Healing Fit Pro is comprised of three functional types of TES (transcranial electrical stimulation) therapy, sound therapy, Bluetooth.

- \* Dry your skin of any sweat or moisture before using TES therapy.
- \* When using a charger that is not connected to a PC, please use an approved charger of rated voltage 5V/1A.
- \* This product is not a medical device.

## POWER ON

If you press the middle button of the TES dedicated button for 2 seconds, you will hear "Power on" and the power will turn on.

## USING THERAPY (TES + SOUND)

Experience the precious relaxation of everyday life with Healing Fit Pro, which combines TES technology and sound therapy. (It is helpful to use the TES function consistently for about 30 minutes a day.)

- Healing Fit Pro has healing mode, learning mode, and sleep mode.
- If you briefly press the middle button of the TES dedicated button, the corresponding mode of therapy (micro-electrical stimulation + therapy sound source playback) will operate.
- If you briefly press the TES button during therapy operation, the therapy will stop.
- During therapy operation, press the touch button for about 2 seconds to change the music.
- During therapy operation, press the touch button for about 4 seconds to change the mode.
- \* You can use the therapy function alone without a Bluetooth connection.

## CONNECTING DEVICES VIA BLUETOOTH

\* Connect Healing Fit Pro to smart phone or another device as follows.

### 1. Pairing and Connecting the Device

- When HealingFit Pro is off, touch and hold the TES button. After about two seconds, the voice message "Powering on" will be heard. After about four seconds, when the voice message "Find HealingFit Pro on your mobile device and connect" is heard, release the TES button (pairing mode ON).
- In the Bluetooth settings of your device (smart phone), find and connect "MobiFren HealingFit Pro." The voice message "Device connected" will be heard once connected.

### 2. Use After Connection

- Once Healing Fit Pro has been paired with and connected to a device, touching and holding the TES button for two seconds to power Healing Fit Pro on automatically connects it to the device.
- \* Touch and hold the TES button for four seconds to activate pairing mode to connect to a different device.

### 3. Charge Your Device

Open the Jack Cover on the main body and connect the charging cable to the USB-C port to charge.

### 4. LED Display \* Only major LED events are indicated.

Charging	Red LED light up	Pairing successful, Connection complete	Lights out after blinking the Blue LED 5 times
Buffering	Blue LED light up	Pairing Mode	Keep the Blue LED on
Power On	Blue LED light up for 1 second	Low battery	Red LED flashes briefly at 5-second intervals
Power Off	Blue and Red LED light up for 1 second at the same time		

## HOW TO RUN THE DEVICE AFTER INSTALLING THE APP

Make sure the device (mobile phone) on which the app is installed is connected to Healing Fit Pro.

## MOVE THE SCREEN ACCORDING TO THE SITUATION

- When connected : Move to the control page. (therapy play/stop, change mode, and adjust TES intensity)
- When not connected : Move to the Bluetooth connection request page.

### [Problem Solving]

If pairing does not work, try restarting the device or resetting the Bluetooth settings on your smartphone. If an app error occurs, restart the app or update to the latest version.

## APP DOWNLOAD MOBIFREN HEALING FIT PRO (MFB-HC7770)

You can use it more conveniently by installing the smartphone link app. Pair the HealingFitPro Control on your smartphone for control in the App.

Please install My HealingFit by scanning the QR code or searching for "MobiFren" or "모비프렌" in the App Store or Google Play.  
(You can also view the detailed manual within the app.)

## HOW TO OPERATE THE BUTTON

### 1. Power and Connection

**1. Power On**  
(In off state)  
Press the TES button for 2 seconds  
**TES long 2 seconds**

**2. Power Off**  
(In on state)  
Press the TES button for 4 seconds  
**TES long 4 seconds**

**3. Pairing Mode**  
(In off state)  
Press the TES button for 4 seconds  
**TES long 4 seconds**

### 2. Voice Control

**Siri and other voice assistants**  
(In standby mode)  
Quickly touch the L or R button 3 times.  
**L or R fast 3 times**

### 3. Playing Music

**1. Song Play**  
Tap L or R button twice  
**L or R fast 2 times**

**2. Pause**  
Tap L or R button twice  
**L or R fast 2 times**

**3. Volume Up**  
Tap R button 1 time  
**R short 1 time**

**4. Volume Down**  
Tap L button 1 time  
**L short 1 time**

**5. Previous/Next Song**  
Tap L or R button for 2 seconds  
**L or R long 2 seconds**

### 4. Call

**1. Receive Call**  
(Receiving) Tap L or R button twice  
**L or R fast 2 times**

**2. End Call**  
(Calling) Tap L or R button twice  
**L or R fast 2 times**

**3. Decline Call**  
(Calling) Tap L or R button twice  
**L or R 2 seconds touch**

### 5. TES Features

**1. TES On**  
Press TES button  
**Press TES shortly**

**2. TES Off**  
Press TES button  
**Press TES shortly**

**3. TES Time Up**  
(TES On) Press ▲ button  
**Press ▲ shortly**

**4. TES Time Down**  
(TES On) Press ▼ button  
**Press ▼ shortly**

**5. TES Level Up**  
(TES On) Touch and hold ▲ for 1 second  
**Hold ▲ button 1 second**

**6. TES Level Down**  
(TES On) Touch and hold ▼ for 1 second  
**Hold ▼ button 1 second**

**7. Change Mode**  
(TES On) Touch and hold L or R for 4 seconds  
**L or R long 4 seconds**

**8. Next Track**  
(TES On) Touch and hold R for 2 seconds  
**R long 2 seconds**

**9. Previous Track**  
(TES On) Touch and hold L for 2 seconds  
**L long 2 seconds**

**10. Phone Music + TES**  
Tap ▲ when music is playing  
**Press ▲ shortly**

## FAQ

### Q. How is it good to adjust and use the TES (micelectro-stimulation) intensity stage?

A. The initial few minutes after the start of therapy may not feel the stimulation intensity well. When you use it for the first time, please gradually raise it from the low level and wait for about 5 minutes when the voice guidance of step 7 comes out. If you don't feel the electrical stimulation, gradually increase the stimulation by one level, and if you feel strong, lower the level and use it. Please note that the stimulation may feel too strong at some point when using it at too high levels.

### Q. What kind of strength is suitable for use?

A. The same, in the same recommended, the degree of strength is different for each individual, so we can't talk about it collectively. It is recommended to use it one level lower based on when you feel the intensity of the stimulus. If you are not burdened by electrical stimulation, you can use it while feeling the stimulation. Even if you don't feel the electrical stimulation, there is a TES therapy effect. Some feelings can be set to a strength that an individual can comfortably think about.

### Q. I set it to step 8 and use it comfortably with a little stimulation, but I haven't even changed the steps, but suddenly the stimulation feels strong. Is this normal?

A. Yes it's normal. If irritation occurs continuously in the same position, the contact resistance to the skin may change. In this case, you can use it by moving the contact (gold pin) slightly to the side or changing the intensity one step lower.

### Q. Can I work TES while listening to cell phone music or YouTube music?

A. If you briefly press the button while watching music or YouTube on your phone, TES will work.



If you illuminate the QR code, you can receive an electronic manual file.  
\* Data charges may occur in the LTE environment, so it is recommended to use it in a WIFI environment.  
\* You can also download the electronic manual from the customer support page on the website (www.mobifren.com).  
\* Certification and safety approval, product specifications, precautions, device phrase, 2.4GHZ warning, etc. are provided by QR code. You can check it in the manual.

## PRODUCT WARRANTY

The product warranty period is 1 year from the date of purchase. Please refer to the website for more details. Accessories are not repaired. Accessories will be replaced within the warranty period, and will not be included in the reason for product exchange. Please back up your important data in a safe place, and we are not responsible for the loss of data stored on our products.

Product Name	Model Name		
Date of Purchase	Year	Month	Day
Place of Purchase			
Free Warranty Period	<small>Within 1 year from the date of purchase (excluding non-fault, marketing, and negligence) * The battery warranty period is 6 months.</small>		

If something goes wrong while using the product, please check the instruction manual again and contact Mobipren customer service center and we will process it as soon as possible.

**R-R-GTT-MFB-HC7770 | YU101532-21001**

Design & Technology by Mobifren in KOREA Assembled in China

**AS Related Inquiries : 1688-2251**

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